CORONA VIRUS UPDATE

To Our Employees:

We know that many of you are concerned about the spread of COVID-19 (the new coronavirus) and how it may impact us here at Crystal Care Center. Ensuring your safety and our resident's safety in a healthy environment is our first priority. At this time, we don't have any cases in our facility. The Centers for Disease Control and Prevention (CDC) has recommended a variety of steps that we are implementing to help reduce the potential for the virus to enter our building. However, we need your help in battling COVID-19. Below are some examples of how you can help protect yourselves and our residents, as well as prevent the spread throughout the community.

- 1. **Sick employees should stay home.** At this time, we request that you stay home if you have any symptoms of respiratory illness. Those symptoms include cough, fever, sore throat, and/or shortness of breath.
- 2. **Notify us if you develop respiratory symptoms while at work.** These include cough, fever, sore throat and/or shortness of breath.
- 3. **Practice proper hand washing hygiene.** All employees should wash their hands for at least 20 seconds or use alcohol-based hand sanitizer that contains at least 60-95% alcohol upon entering the building and before and after interaction with residents. Soap and water should be used preferentially if hands are visibly dirty.
- **4.** Cover your mouth and nose with a tissue when coughing or sneezing. Please review the CDC's information on coughing and sneezing etiquette.
- 5. **Perform routine environmental cleaning.** Routinely clean all frequently touched surfaces in the workplace, such as workstations, countertops, and doorknobs. Use the cleaning agents that are usually used in these areas and follow the directions on the label. No special cleaning is necessary for COVID-19.

Our facility is following the recommendations of the CDC on using basic contact precautions to prevent the spread, which includes wearing gowns and gloves when interacting with residents who present symptoms—as we always do. We also are staying up to date with the CDC recommendations

as they may continue to change. In addition, our facility is in close contact with our local and state health departments and are following their guidance.

We are asking all visitors to avoid coming to the building unless absolutely necessary. We are posting signs on our entryway doors to notify visitors of this policy and request that they not enter the building.

<u>UPDATE</u>: As of Wednesday March 11th, 2020, Ohio Governor Mike DeWine has mandated that Nursing Homes across the state allow only 1 visitor per resident per day. Residents can no longer receive multiple visitors on the same day or at the same time until further notice.

We will notify you if any residents or staff are diagnosed with COVID-19. Should you have any questions, please feel free to contact the Administrator or Director of Nursing.

For additional information, please visit the CDC's coronavirus disease information page at CDC.GOV.

Sincerely,

Anthony L. Wheaton Administrator Crystal Care Center

Natalie Barr Director of Nursing Crystal Care Center

Susan Smith Owner Crystal Care Center

3/11/2020